## Wild Camping Kit List Essentials for a Mountain Adventure in the UK

http://www.wildblighty.com/blog/wild-camping-kit-list-essentials/

Make your next wild camping trip one to remember by ensuring you don't forget these kit list essentials! Use the spare boxes for any personal essentials you may have.

| □ Backpack                             | ☐ Map & Compass (tech does fail!)   |
|--|-------------------------------------|
| ☐ Backpack liner (keep stuff dry)      | ☐ Head Torch (fully charged)        |
| ☐ Tent/Bivvy                           | □ Waterproof Jacket                 |
| ☐ Sleeping Bag (rated for season)      | ☐ Waterproof Pants (as necessary)   |
| ☐ Sleeping Mat                         | ☐ Base layers (as necessary)        |
| ☐ First Aid Kit                        | ☐ Buff (multiple uses!)             |
| ☐ <b>Tech</b> (e.g. phone, power bank) | ☐ Beanie & Gloves (in cold weather) |
| ☐ Dry Bag (for valuables & tech)       | ☐ Toothbrush & Toothpaste           |
| ☐ Water bottles (x2 litre capacity)    | ☐ Gaffa Tape (50-100 cm)            |
| ☐ Water Purification (or boil)         | ☐ Cord (2-3 m)                      |
| ☐ Food Supplies (be disciplined!)      |                                     |
| ☐ Stove & Fuel                         |                                     |
| ☐ Fire Steel (or matches/lighter)      |                                     |
| ☐ Cookware (e.g. mug/spork/knife)      |                                     |
| ☐ Sponge (for cleaning cookware)       | 0                                   |
| ☐ Mini Shovel & Toilet Roll            |                                     |

remember.....

More Stuff = More Weight!